



MEDICINAL USES OF COMMON WEED PLANTS FROM BAREILLY COLLEGE, BAREILLY CAMPUS, UTTAR PRADESH, INDIA

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Abstract

Bareilly district is very rich in biodiversity with very common vegetation like ornamental, timber yielding, medicinal, roads sides and weed plants, as its situation on foot hills of Utrakhand Himalayan region favors the plants growth. Bareilly College, Bareilly, the crown of Bareilly city looks evergreen due to the dominant vegetation. Entire year, a rich flora of weed plants are also available for attention, therefore present study carried out for assessment of weed plants and their medicinal uses with common names in last months of year 2017. On the basis of regular survey of campus, a check list of weed plants medicinal uses has been reported. As far as possible the important samples of the weed plants and their specimens were collected from their natural habitat. Every plant specimen has been pressed and processed for herbarium preparation and identified at the Department of Botany, Bareilly College with the help of authentic literature. The medicinal uses of reported weed plants mentioned after long searched of research reviews. As the result of present work sixty one weed plant species of twenty two families with their medicinal value have been studied for record their range of distribution.

Key words: Biodiversity, Medicinal uses, Weed plants, Weeds, Flora.

Introduction

India covers an ancient history of the utilization of plants in its traditional way of living from 5000 years back. It has been reported that over 8000 plants are used in folk and herbal medicine. Plants parts of different plants are used in several remedies. Our country is full of this natural wealth from Himalayan region to Kanyakumari due to its pleasant climatic conditions. A very rich diversity of plants is available in every district of every state with their medicinal value.

Bareilly is the 7th largest metropolitan city of Uttar Pradesh and 50th big city of India. It is lying between 78.23° longitude in east and 28.10° latitude north. Being a tarai region the climate of the district is very pleasant. Bareilly College, Bareilly, the crown of Bareilly city looks evergreen due the dominant vegetation. Entire year, a rich flora of weed plants are also available for attention, therefore present study carried out for assessment of weed plants and their medicinal uses with common names in last months of year 2017 (Fig. 1).

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Material and Methods

Regular surveys have been conducted of the Bareilly college campus during this study in the last months of 2017. All the data of this communication is personnel observation of continuously exercise. All the important samples of weed plants specimens were collected from their natural habitat. Every plant specimen has been pressed and processed for herbarium preparation and



Fig. 1: Map of Bareilly College, Bareilly, U.P. India.

identified at the Department of Botany, Bareilly College with the help of authentic literature. The medicinal uses of reported weed plants mentioned after long searched of research reviews.

Results and Discussion

This study of weed plants shows the occurrence of

61 plant species under 50 genera and 23 families from College Campus with their wide range of medicinal uses. The list of plant species has been prepared with, common names, family, habit and uses (Table 1). The reported weed plants from Bareilly College, campus of family Rubiaceae are used against asthma, pneumonia, Snake bite and in promoting of blood circulation. Occurred

Table 1: List of weed plants and their medicinal uses reported from Bareilly College, campus.

S. No.	Common Name	Botanical Name	Family	Habit	Medicinal Uses
1	Pili buti	<i>Lindenbergia philippensis</i>	Orobanchaceae	Herb	In cuts, wound Healing etc.
2	Snake needle-grass	<i>Hedyotis diffusa</i>	Rubiaceae	Herb	In heat clearing, detoxification, promoting blood circulation etc.
3	Doob ghas	<i>Cynodon dactylon</i>	Poaceae	Herb	In inflammation, toothache etc.
4	Tortoise shell bamboo	<i>Phyllostachys edulis</i>	Poaceae	Herb	In hot phlegm etc.
5	Bird's eye	<i>Veronica polita</i>	Plantaginaceae	Herb	In dysmenorrhoea, metrorrhagia etc.
6	Hairy bitter cress	<i>Cardamine hirsuta</i>	Brassicaceae	Herb	In dysentery, eye trouble etc.
7	Alyce clover	<i>Alysicarpus vaginalis</i>	Fabaceae	Herb	In bronchitis, pneumonia, typhoid, cancer, weak eye sight, joint pain, bone fracture etc.
8	Karinga	<i>Taraxacum mongolicum</i>	Asteraceae	Herb	In abscesses, eye inflammation, dieresis etc.
9	Lily turf	<i>Ophiopogon bodinieri</i>	Asparagaceae	Herb	Constipation, cough etc.
10	Garundi	<i>Alternanthera sessilis</i>	Amaranthaceae	Herb	Anti-fungal, anti-cancer, anti-diabetic, anti microbial etc.
11	Khaki weed	<i>Alternanthera pungens</i>	Amaranthaceae	Herb	Anti-microbial, anti-oxidant activity etc.
12	Bhang	<i>Cannabis sativa</i>	Cannabaceae	Herb	Intoxicant, analgesic, narcotic, antispasmodic, sedative etc.
13	Gajar ghas	<i>Parthenium hysterophorus</i>	Asteraceae	Herb	Anti-tumor etc.
14	Baraira	<i>Sida acuta</i>	Malvaceae	Herb	Anti-fungal, Anti-bacterial etc.
15	Amrul	<i>Oxalis corniculata</i>	Oxalidaceae	Herb	Anti-epileptic, Cordio-protective etc.
16	Makoi	<i>Solanum nigrum</i>	Solanaceae	Herb	In dropsy, nausea, nervous disorder, bronchitis etc.
17	Crowfoot grass	<i>Dactyloctenium aegyptium</i>	Poaceae	Herb	Anti-oxidant, anti-inflammatory, anti-cancer, also in smallpox, ulcer etc.
18	Palak ghas	<i>Amaranthes viridis</i>	Amaranthaceae	Herb	Antibacterial activity etc.
19	Lal makoi	<i>Solanum lyratum</i>	Solanaceae	Herb	Regulate immune function etc.
20	Lahsan ghas	<i>Medicago sativa</i>	Fabaceae	Herb	Strengthen immunity etc.
21	Horse weed	<i>Conyza bonariensis</i>	Asteraceae	Herb	In constipation, diarrhea etc.
22	Coat buttons	<i>Tridax procumbens</i>	Asteraceae	Herb	Anti-diabetic, anti-microbial, wound healing etc.
23	Kharenti	<i>Malvastrum coromandelianum</i>	Malvaceae	Herb	Anti-inflammatory, analgesic, anti-dysentric etc.
24	Motha	<i>Cyperus rotundus</i>	Cyperaceae	Herb	Neuroprotective, hepatoprotective etc.
25	Dudhi	<i>Euphorbia hirta</i>	Euphorbiaceae	Herb	Sedative, anti-epileptic, analgesic etc

Table 1 Continue ...

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26	Creeping dudhi	<i>Euphorbia humifusa</i>	Euphorbiaceae	Herb	Anti-cancerous etc.
27	Bhrang raj	<i>Eclipta prostrata</i>	Asteraceae	Herb	Asthma, Jaundice, Bronchitis etc
28	Sow thistle	<i>Sonchus oleraceus</i>	Asteraceae	Herb	Bronchitis, pertussis, ophthalmia etc
29	Kundururu	<i>Coccinia grandis</i>	Cucurbitaceae	Climber	Hypoglycemic, anti-malarial, anti-cancerous etc.
30	Sahadevi	<i>Vernonia cinerea</i>	Asteraceae	Herb	Abortion, various intestinal disorders etc.
31	Kanghi ghas	<i>Abutilon indicum</i>	Malvaceae	Herb	Anti-arthritic, analgesic, anti-cancer, wound healing
32	Alligator weed	<i>Alternanthera philoxeroides</i>	Amaranthaceae	Herb	Anti dengue, influenza, HIV etc.
33	Green fox tail	<i>Setaria viridis</i>	Poaceae	Herb	Skin, Inflammation etc.
34	Chirchita	<i>Achyranthes aspera</i>	Amaranthaceae	Herb	Leprosy, piles, snake bite, rabies etc
35	Butternut Pumpkin	<i>Cucurbita moschata</i>	Cucurbitaceae	Climber	Anti-Oxidant, Prevent Skin disease, anti-cancer etc.
36	Chick weed	<i>Stellaria media</i>	Caryophyllaceae	Herb	Anti-rheumatic, anti-inflammatory etc.
37	Hajarmani	<i>Phyllanthus urinaria</i>	Phyllanthaceae	Herb	Anti-liver damage, Hepatitis, jaundice etc.
38	Jangali pudina	<i>Ageratum conyzoides</i>	Asteraceae	Herb	Burns, Wound, Pneumonia, Gynaecological disorder, leprosy, etc.
39	Kasunda	<i>Senna occidentalis</i>	Fabaceae	Herb	Bone fracture, ring worm, skin disease, menstrual problem, tuberculosis, leprosy
40	Samkru	<i>Coix lacryma</i>	Poaceae	Herb	Blood sugar regulation, treatment in abdominal bloating, Constipation, diarrhea etc.
41	Jhingari	<i>Eleusine indica</i>	Poaceae	Herb	Dysentery, menstruation problem, influenza, hypertension
42	Arandi	<i>Riccinus communis</i>	Euphorbiaceae	Shrub	Sciatica, paralysis, epilepsy, anti-cancer etc
43	Kuppu	<i>Acalypha indica</i>	Euphorbiaceae	Herb	Pneumonia, asthma, rheumatism, bronchitis etc.
44	Kanta chaulai	<i>Amaranthus spinosus</i>	Amaranthaceae	Herb	Anti snake venom etc.
45	Neel	<i>Anagallis arvensis</i>	Primulaceae	Herb	Leprosy, epilepsy and cerebral affections etc.
46	Coral vine	<i>Antigonon leptopus</i>	Polygonaceae	Climber	Diabetes, flu, anti-oxidant, dermatological problems etc.
47	Blanket grass	<i>Axonopus compressus</i>	Poaceae	Herb	Vermiuge, show highest antioxidant activity etc.
48	Punarnava	<i>Boerhaavia diffusa</i>	Nyctaginaceae	Herb	Anti-tumor, anti-viral, jaundice, hepato protective etc.
49	Panwar	<i>Cassia tora</i>	Fabaceae	Shrub	Skin disease, constipation, hepatitis, ringworm etc.
50	Finger grass	<i>Chloris barbata</i>	Poaceae	Herb	Anti-microbial, analgesic, anti-inflammatory etc.
51	Bari Kasondi	<i>Cassia occidentale</i>	Fabaceae	Shrub	Ani-microbial, insecticidal, wound healing, hepatoprotective, immune-modulating etc.

Table 1 Continue ...

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52	Van Tulsi	<i>Croton bonplandianum</i>	Euphorbiaceae	Herb	Antidote, chicken pox, cholera, antiseptic etc.
53	Daman pappar	<i>Oldenlandia corymbosa</i>	Rubiaceae	Herb	Appendicitis, hepatitis, pneumonia, snake bite, urinary infection etc.
54	Paper bhed	<i>Oldenlandia herbacea</i>	Rubiaceae	Herb	Rheumatic fever, asthma etc.
55	Amrul	<i>Oxalis corniculata</i>	Oxalidaceae	Herb	Anti-cancerous, cardiorelaxan etc.
56	Safed Ak	<i>Calotropis gigantea</i>	Apocynaceae	Shrub	Pregnancy interceptive properties, analgesic, anti-oxidant etc.
57	Bathua	<i>Chenopodium album</i>	Amaranthaceae	Herb	Blood purifier, Sedative, Hepatoprotective, anti ulcer, diuretic etc.
58	Christ Plant	<i>Euphorbia milii</i>	Euphorbiaceae	Under shrub	Anti-cancerous, anti warts etc.
59	Ram Tulsi	<i>Ocimum basillicum</i>	Lamiaceae	Herb	Anti-viral, anti-bacterial, Neuroprotective etc.
60	Tulsi	<i>Ocimum sanctum</i>	Lamiaceae	Herb	Common cold, headache, cough, flu, Fever, bronchitis, antidote for snake bite and scorpion sting etc.
61	Rose cascade	<i>Calliandra haematocephala</i>	Fabaceae	Under Tree	Immune modulating, anti-ulcer etc.

members of family fabaceae are very useful in case of typhoid, weak eye sight, joint pain and bone fracture etc. According to reviewed literature, the very risky diseases and other dangerous problems as leprosy, piles, dengue, rabies, HIV, diabetes, cancer and snake bite can be cured by the use of reported members of family amaranthaceae. Plants of family oxalidaceae and solanaceae of this study may use as cardio-protective and in regulating the immune functions, nervous disorder. The members of economically important family poaceae can totally cure the blood sugar, hypertension and menstruation problems. Disorders like weak immunity, skin problems, jaundice, hypoglycemia, liver damage, hepatitis can be control by the use of plants of families fabaceae, asteraceae, cucurbitaceae and phyllanthaceae. By the use mentioned plants of family euphorbiaceae in the list, problems like sciatica, paralysis, epilepsy can be cured. Weed members of family nyctaginaceae and lamiaceae in this study are very strong anti-viral and neuro-protective. All the reported weed plants show very important medicinal uses.

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